



Recharge Rooms

AT THE LASLETT

Recharge Rooms at The Laslett is a new generation of wellness boutiques offering a unique combination of cutting edge procedures and the most advanced fitness systems focused on strengthening immunity, boosting energy levels and stimulating brain activity.

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WELLNESSTREATMENTS

Guests and friends of The Laslett, please enquire about special neighbour rates

Immunity and Energy Boost

Ozone sauna - £75

Our ozone sauna is a unique technology designed to introduce ozone into the body through the skin (transdermal ozone). The procedure strengthens the immune system, boosts energy levels and detoxifies the body down to cellular level by using a powerful combination of ozone, oxygen, far-infrared, steam, carbonic acid, electrotherapy, photon light and aroma therapies.

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Vitamin IV drips

Recharge IV Drip (tailor made IV cocktail) – from £200

Recharge Shot (vitamin intramuscular injection) – from £40

Vitamin IV infusions and vitamin injections are some of the most effective ways to receive large amounts of vitamins, minerals and amino acids quickly and efficiently.

This will help you to recover after a long journey, boost your energy and immunity, as well as improve brain activity.

Skin Wellness (non-invasive)

At Recharge Rooms we use unique and the most advanced needle free technologies and latest products to look after your skin.

JET technology to deliver unique antiaging rejuvenating ingredients into deep layers of the face and body skin.

JET RF (Radio Frequency) technology to instantly soothe, firm and tone the skin providing lifting action to contour and rejuvenate face and body skin.

Fast glow (30 mins) - £100

Glowing treatment that combines a deep detoxifying lymphatic drainage with a strong infusion of mandelic and salicylic acids and vitamin C for fresh glowing skin.

Power Anti-Age (50 mins) - £220

The combination of two unique technologies – radiofrequency and Meso Jet infusion is a scientifically proven protocol that targets deep, effective and long-lasting rejuvenation results. The skin is renewed and repaired, wrinkles are reduced, age and sunspots are much less visible, and the skin is boosted, up to the basal layer, with peptides, antioxidants and anti-ageing effective active ingredients. (Can be applied on face, neck and décolleté)

Red Carpet (90 mins) - £300

All stages treatment, it provides an extremely strong rejuvenating and toning effect. Very effective “last minute” treatment for hydration, brightening, firming and lifting up the skin. Recommended 3-4 hours before a special event. Make up can be applied only 1.5 hours after the procedure.

Lips treatment (needle free technique) - £45

JET peel + infusion of Hyaluronic Acid

This treatment can be performed as a part of any facial. Not performed separately.

Velvet Hands (30 mins) - £90

Lymphatic drainage massage with jet technology, radiofrequency for lifting and hyaluronic acid infusion for intensive hydration.

Hair Wellness

JET hair: scalp peeling and hair nourishment (90 mins) - £320

This very efficient needle free procedure is recommended to have 3-4 times a year to keep the scalp clean and help hair rejuvenate. This unique formula includes antioxidants, an innovative complex of biomimetic peptides combined with red clover extract and a special compound of herbal ingredients that targets stem cells and human fibroblasts from the dermal papilla to encourage hair growth and reduce hair loss.

Hair rejuvenation and growth: unique peptide complex (50 mins) - £180

Infusion of multifunctional peptides formula for effective correction of non-scarring alopecia and enhancement of hair growth. Recommended for hormonal or genetic hair loss, hair loss caused by stress, tiredness and pregnancy, dehydrated sick hair.

The procedure is performed using micro needling.

Recommended course of 7-10 procedures once a week.

PRP (platelet-rich plasma) - £380 including initial consultation.

PRP therapy for hair is a three-step medical treatment in which a person's blood is drawn, processed, and then injected into the scalp. The recommended course is 3 procedures over 7 months: first two procedures within 30 days and the third one six months later.

Body Wellness

The procedure combines traditional methods of body contouring with advanced technologies and professional organic products in order to achieve best results.

It slims problem areas, detoxifies, cleanses and hydrates the skin, relaxes muscles, firms and tones the skin, reduces appearance of cellulite, exfoliates the skin by removing dead cells, lifts, contours and rejuvenates problem areas.

Recommended to combine with Ozone sauna procedure.

Body Contouring (brushing exfoliation, radiofrequency, anticellulite gel)

60 mins - £250

90 mins - £300

Body Contouring with Seaweed Wrapping

60 mins - £320

90 mins - £390

FITNESS

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Classical Reformer Pilates – £130

Private Session of classical Pilates on reformer and other classical Pilates equipment. Whether you are brand new to Pilates or have previously trained in mat, this technique is one of the most versatile, offering many benefits to the mind and muscles. Pilates exercises unite mind and body through controlled breathing and a carefully crafted sequence of movements. In the case of classical reformer, movements are performed on a machine that provides external resistance as you push, pull and twist through the series.

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EMS boxing (50min) - £90

EMS (MIHA BODY electro muscle stimulation) is the technology that stimulates muscles by passing electrical impulses through them. Mimicking the signals that are sent from our central nervous systems during exercise, in the same way causing our muscles to contract. Effectively and conveniently targeting individual or multiple muscle groups. EMS training in essence gives you the results of a long workout in half the time. We have discovered that muscle EMS and boxing made a perfect combo. During our unique EMS Boxing training you can benefit from the advantages of an EMS equipment and boxing workout at the same time. By combining the two you will achieve your goals faster, more pleasantly and effectively.

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Iyengar yoga private session (50mins) - £100

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